



LIFEwalk

What is the purpose of this ministry?

Each of us, at various times in life, will face difficult times. Sometimes those challenges are big things. Other times, the difficulties may be smaller, but still affect us and those around us.

God did not intend for us to journey through this life, the good and the difficult, by ourselves. He created us to be in community. He created us to be able to come to Him with anything and everything that this world sends our way.

The truth is that sometimes we simply need someone to walk alongside us in our time of pain, difficulty, trouble, or grief. LIFEwalk is exactly that - a Bible-based prayer ministry committed to the care and encouragement of God's people!

We believe that God is sufficient for all our needs, but sometimes people need help seeing Jesus in the midst of personal crisis or difficult seasons.

LIFEwalk -

- **Listen**
 - *To be listened to, can be a life-changing experience*
 - *Opportunity to validate and be validated*
 - *Not done with the intention of 'fixing' things*
- **Intercede**
 - *Extended listening to the seeker and the Holy Spirit*
 - *'Ground-level spiritual warfare'*
 - *Finding the words to pray when you can't*
- **Follow Jesus**
 - *Allows you to draw closer to Jesus, deepening of relationship with Him*
 - *Watching and listening for where and how the Holy Spirit is leading*
 - *Points you to the One who can heal, fix, redeem*
- **Equip & Encourage**
 - *Teaches and models walking in wholeness with Christ*
 - *Shares Biblical truth and releases healing by the power of the Holy Spirit*
 - *Brings HOPE as we seek God's next step for the seeker*

The Mission of LIFEwalk

LIFEwalk is intended as short-term care as people journey through challenging seasons and situations, and a bridge to connecting them to the church community. LIFEwalk is a Bible-based prayer ministry. It is **NOT** counseling. LIFEwalk Prayer Ministers are trained to practice good listening and prayerful encouragement.

A LIFEwalk Team consists of two trained LIFEwalk Prayer Ministers and teams are gender-specific: 2 women discerned to meet with female seekers; 2 men discerned to meet with male seekers.

Your LIFEwalk Prayer Ministers, and those involved in the discernment process, hold all information in confidence. If we believe your safety or the safety of others close to you is in question, the Care Director or a pastor will be consulted.

Possible Reasons to Request a LIFEwalk Team

- Grief
- Stress
- Challenges with Children
- Addiction
- Marriage Difficulties
- Chronic Illness/Medical Issues (self or family member)
- Mental Health Issues (Family member)
- Infertility/Miscarriage
- Financial Concerns
- Career Decisions
- Caring for Grandchildren
- Aging Parents
- Empty Nest
- Relationship Conflicts (Personal or Professional)
- Difficulty with Holiday Seasons

LIFEwalk teams often come alongside people as they are also working with professional counselors.

How Does Someone Get A LIFEwalk Team?

The process to request a team is quite simple. The LIFEwalk Team Request Form is available to complete on the UALC website, www.ualc.org/lifewalk. The form can be completed and submitted electronically or downloaded and returned to the front desk at either campus in an envelope marked "LIFEwalk"

Once the request for a team has been received, the person will be contacted by a member of the LIFEwalk Leadership Team to confirm the request, verify information and ask any necessary clarifying questions. The Leadership Team will then prayerfully discern a LIFEwalk team for the person. After team members have accepted the call to serve, the person requesting the team will be contacted and informed of their names. A team member will contact them to schedule the first meeting and discuss the next steps.

LIFEwalk Leadership Team:

Rod Borden Kim Greene Maeva Rish
Becki Bork, Care Director