

SMALL GROUPS

UALC RECOMMENDED RESOURCES

(Available for small groups and individuals)

- **Alpha** - 8 sessions
- **Following Jesus in Your Marriage** - 3 sessions
- **Discover Your Spiritual Gifts** - 4 sessions
- **Finding God in Your Workplace** - 3 sessions
- **Following Jesus After Isolation** - 2 sessions
- **Family Serve** - 1 session

ADDITIONAL RESOURCES

- **Portrait of a Disciple** - 4 sessions
- **Emotionally Healthy Spirituality** - 8 sessions
- **Following Jesus in the Second Half** - 3 sessions
- **Ready or Not Here Comes Aging** - 3 sessions
- **Following Jesus as Parents and Grandparents** - 3 sessions
- **My Bible** - 6 sessions
- **Following Jesus with Your Baby** - 2 sessions
- **Following Jesus with Your Preschooler** - 2 sessions
- **Living in a Digital World (for parents & grandparents)** - 2 sessions

Find details at: www.ualc.org/growthworshops

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